

# Nourish your body from the inside out!

TOXINS

STRESS

POLLUTANTS

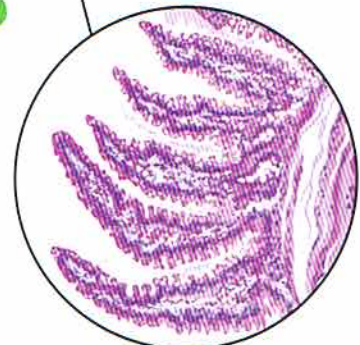
## Healthier cells for a healthier you

Cells are the fundamental unit of the body and make up our tissues, organs and body systems. It is vitally important to take care of your cells, so that they can take care of you. You should nourish them with the vitamins, minerals, antioxidants and other nutrients they need. Herbalife's Cellular Nutrition provides the elements that the body needs on a daily basis to maintain good health.

## How does Cellular Nutrition work?

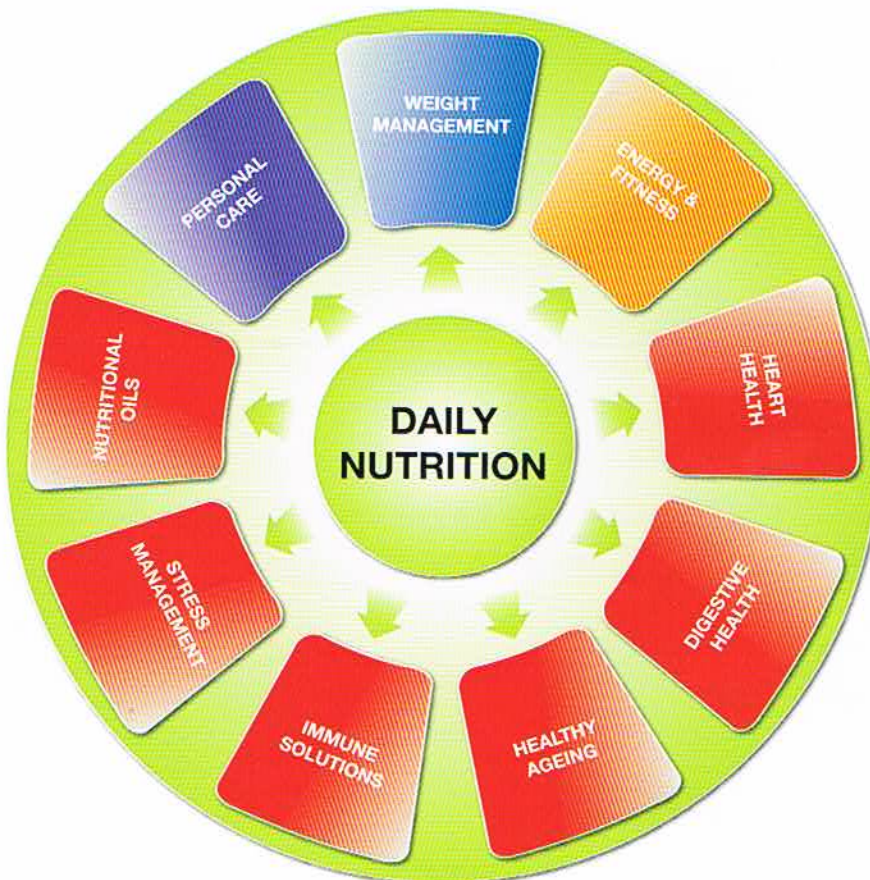
The concept of Cellular Nutrition is simple. All of Herbalife's products are scientifically formulated to support healthy 'villi'. These tiny, finger-like structures along the wall of your intestine are essentially 'gatekeepers' helping your body absorb more nutrients, vitamins and minerals, while protecting you from toxins. The healthier your villi, the more efficiently you can absorb the nourishment your cells need – and the healthier you'll be.

Our bodies are made up of 100 trillion cells.



VILLI

Your personal Herbalife® programme will always begin with **Daily Nutrition - a healthy shake and a multivitamin tablet**



The Cellular Nutrition Wheel to the left shows you how the Herbalife® product range fits perfectly within a healthy, active lifestyle. Start with the Herbalife® Daily Nutrition Products at the core of the wheel - Formula 1 and Formula 2.

To this foundation of Daily Nutrition products, you add the Targeted Nutrition supplements that best suit your needs.

These Targeted Nutrition products provide the nutrients and botanical support you need to enjoy a lifetime of good health.

Laying the foundation for a lifetime of good health is only the first step. Herbalife offers a range of products that can be personalised to suit your lifestyle, providing nutritional solutions appropriate for your life stage.

#### Did You Know?

The health of your cells is crucial if you want to live a long, healthy and vibrant life.

Why? Because cells provide the power for everything you do from thinking to growing. Simply put, you cannot be healthy unless your cells are healthy.

With Herbalife's Cellular Nutrition, the latest advances in science meet the healthiest nutrients to bring you optimum health.