



Fibre capsules that assist with appetite suppression

order details



This scientifically-advanced formula is derived from all natural ingredients and is designed to assist with the maintenance of regularity and suppression of appetite as part of a calorie-controlled eating plan.

Key Benefits:

- Contains LipoSan Ultra™, a patented form of chitosan that quickly becomes soluble in stomach acid and works faster than other forms
- Product can be consumed right before you eat, as opposed to other chitosan products which are required to be taken at least 30 minutes prior to meal times in order to fully dissolve
- Helps curb the desire to snack.

Key Ingredients:

Chitosan – an amino polysaccharide derived from Chitin, which is found in the shells of shellfish such as crab and prawns. Chitosan works by binding lipids in the stomach to aid elimination.

Fenugreek – a soluble fibre renowned for its beneficial qualities, forms a gel in the stomach, taking up room, so you are likely to eat less and feel full longer without hunger pains and cravings.

Why You Need It:

The typical western diet nowadays tends to be high in fat and low in fibre. Scientific and nutritional experts recommend an increased consumption of dietary fibre and a lower intake of fat and calories to help maintain good health.

A good intake of dietary fibre reduces the amount of time food spends in the intestinal tract, and so assists in the removal of toxins and wastes from the body. Nutritional experts recommend a daily intake of 35g of fibre each day but the average diet contains just 20-25g.

This scientifically-advanced formula is derived from all-natural ingredients and is designed to assist with the maintenance of regularity and suppression of appetite as part of a calorie-controlled eating plan.

Did You Know?

Viscous soluble fibres, and chitosan in particular, are known to interfere with dietary fat metabolism. Unlike other viscous soluble fibres, chitosan has a positive chemical charge to its molecular structure, which is the key element for its high fat-binding capacity.

SKU #0210 Chitosan Fibre Complex

Volume Points: 24.05
Packaged: 90 tablets
(30 day supply)

Directions For Use:

Take one tablet three times a day with meals.