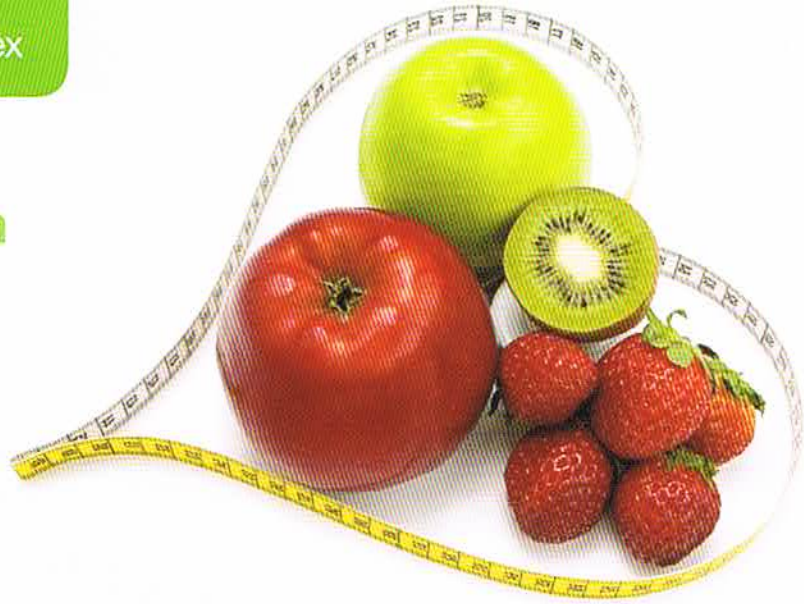


## A daily multivitamin with minerals and herbs for everyday good health



### order details



**SKU #3115**     **Formula 2 Multivitamin Complex**

Volume Points: 19.95  
Packaged: 90 tablets (30 day supply)

#### Directions For Use:

One tablet three times daily.

Many vitamins are easily destroyed by storing food for too long, and then processing and cooking. Formula 2 Multivitamin Complex has been scientifically-developed to supply your body with over 20 essential nutrients and antioxidants essential for daily nutritional support and everyday good health.

#### Key Benefits:

- Helps support the immune system.
- Provides nutritional support for healthy bones, skin and hair.
- Contains over 20 essential nutrients and antioxidants for daily nutritional support.

#### Why You Need It:

Vitamins are essential for:

- Normal growth and development
- Energy production
- Carbohydrate metabolism
- Normal functioning of the nervous system

Minerals play an important role in the structure of body tissues and in the formation of enzyme systems throughout the body. They play a multifunctional role:

- Support the immune system (Zinc, Iron)
- Oxygen transportation (Iron)
- Antioxidant properties (Selenium, Manganese, Copper)
- Help maintain healthy thyroid function (Iodine)
- Essential for nerve and muscle function (Calcium, Magnesium)

Poor eating habits, stressful lifestyles and environmental pollutants can rob our bodies of vital nutrients and wreak havoc on our immune system, making it even more difficult to maintain our ideal weight.

Multivitamin Complex is part of a nutritional maintenance system designed to help replenish the body's natural resources and create a foundation to support long-term good health.

#### Key Ingredients:

- Multivitamin Complex supplies the body with 100% of the RDI of the following key ingredients: Vitamins A, B1, B2, B3, B5, B6, B12, C, D and E, Folic Acid, Biotin, Iodine, Chromium, Zinc and Molybdenum
- Includes antioxidant Vitamins E, C, Betacarotene and Selenium to help fight free radicals generated daily through stress and pollution

#### Did You Know?

Vitamins are required in small amounts for many chemical reactions in the body, whilst minerals play an important role in the structure of body tissues and in the formation of enzyme systems throughout the body.