

Increase your mental alertness



If you suffer from clouded concentration during the mid-afternoon, try taking Guarana tablets and feel the benefit of the plant's naturally invigorating effect. NRG tablets provide you with the benefits of one of nature's most energising herbs - Nature's Raw Guarana.

Key Benefits:

- Increases mental alertness
- Convenient tablets to use anytime, anywhere
- Contains a less aggressive form of Caffeine than is found in tea or coffee and is gentler on the digestive system.

Why You Need It:

Reducing calorie intake can play havoc with your energy levels resulting in periods of physical tiredness. Guarana can help provide an invigorating lift - it is easily absorbed and gets to work quickly.

Guarana contains a form of Caffeine that is gentle on the digestive system, but still provides a wonderfully invigorating effect. Like drinking coffee, the herbal compounds are quickly absorbed into the system so that within about half an hour, you will feel the difference.

You can take up to four NRG tablets during the day (but avoid taking them during the evening unless you particularly want to stay up late). Take them with water instead of drinking coffee mid-morning and mid-afternoon, for maximum benefit.

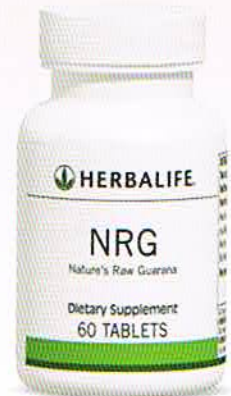
Key Ingredients:

Guarana* - a climbing shrub native to South America. It has been used for centuries by the Amazon Indians for its spirited and refreshing qualities. Today in Brazil, Guarana is added to soft drinks for the wonderfully natural, energetic feeling it provides. Guarana is gentler on the digestive system than many other forms of caffeine, and preferred by many as an alternative to coffee.

Did You Know?

Guarana seeds contain a substance similar to caffeine known as guaranine that can increase mental alertness and help maintain stamina levels.

order details



SKU #0124 NRG

Volume Points: 14.15
Packaged: 60 tablets*

Directions For Use:

Two to four tablets before breakfast or ½ hour before mealtime.