

Personalise Your Programme Checklist

INNER NUTRITION

DAILY NUTRITION

- Formula 1 Nutritional Shake Mix
- Formula 2 Multivitamin Complex



WEIGHT MANAGEMENT

- Formula 1 Nutritional Shake Mix
- Formula 2 Multivitamin Complex
- Personalised Protein Powder
- Chitosan Fibre Complex
- Instant Herbal Beverage
- Protein Bars
- Roasted Soy Nuts



DIGESTIVE HEALTH

- Herbal Aloe Drink or Concentrate
- Chitosan Fibre Complex
- Florafibre



HEART HEALTH

- Herbalifeline®



IMMUNE SOLUTIONS

- RoseOx*
- Formula 5 Vitamin C Supplement in a Herbal Base



HEALTHY AGEING

- Formula 4 Unsaturated Fatty Acid Supplement
- Xtra-Cal
- Herbalifeline®
- Joint Support Complex



BONE AND JOINT HEALTH

- Joint Support Complex
- Xtra-Cal
- Herbalifeline®



WOMEN'S SOLUTIONS

- Tang Kuei Plus
- Xtra-Cal





MEN'S SOLUTIONS

- Tang Kuei Plus
- Personalised Protein Powder
- NRG



NUTRITIONAL OILS

- Formula 4 Unsaturated Fatty Acid Supplement
- Herbalifeline®



ENERGY & FITNESS

- NRG
- Liftoff™
- Instant Herbal Beverage
- Personalised Protein Powder

PERSONAL CARE | OUTER NUTRITION

Skin Essentials

NouriFusion™ MultiVitamin Range:

- Normal to Dry Cleanser
- Normal to Oily Cleanser
- Normal to Dry Toner
- Normal to Oily Toner
- Normal to Dry Moisturiser
- Normal to Oily Moisturiser
- Eye Cream
- Eye Gel
- Night Cream
- Clarifying Mask
- Moisture Mask
- Exfoliating Scrub

Skin Revitalisers

- Skin Activator™ Daily Replenishing Cream
- Radiant C Daily Skin Booster
- Radiant C Face Quencher
- Radiant C Daily Facial Scrub Cleanser
- Radiant C Body Lotion

Fragrances

- Man
- Woman

Body and Hair Essentials

Herbal Aloe Range:

- Everyday Soothing Hand & Body Lotion
- Everyday Soothing Gel
- Hand Cream
- Everyday Body Wash
- Everyday Soothing Spray
- Bath and Body Bar
- Everyday Shampoo
- Everyday Conditioner
- Moisturizing Shampoo
- Moisturizing Conditioner
- Soft Hold Hair Spray

