

Fibromyalgia

Fibromyalgia for around 14 years.

My name is Maureen Flynn & I have suffered with Fibromyalgia for around 14 years. I was constantly fatigued and my hip areas felt as if I had been kicked and if they were touched felt like severe bruises. I took Magnesium for a number of years and it helped marginally, however it became so severe that I eventually went on steroids. Initially I thought they helped but then regressed. The fatigue was worse and the pain in my hips chronic and I would wake every night at around 3am in severe pain. At times I struggled to just put one foot in front of the other.

In early March 2009 my daughter came to stay with our grandchildren and she had been in the Herbalife business for about 14 mths. Her weight loss and other health results was testimony that something worked however I was extremely sceptical. I was not interested in trying the nutritional products although I was using some of the Nourifusion range. She asked if I would give them a go for 10 days and left with me the Formula One and Protein that I was taking once a day, Multivitamins and Tang Kuei. Although I never said a word she read my scepticism but I promised to keep an open mind and give them a go.

Six weeks later my energy level had risen about 70% and I had had two pain free nights. The first time I felt my energy lift I was shopping and suddenly realised I was not dragging myself around but feeling "normal" for the first time in years. It is now the end of April and my energy is sustained, my hip pain has significantly reduced and I have for the first time in 8 months experienced pain free nights. I had not been able to garden for three years but yesterday & today have spent an hour and half working! I was also unable to squat but can now do so and I am thinking I will probably go back to yoga. As an added bonus I have also had a weight loss result and now take the Nutrition Drink Mix and Protein twice a day.

As time goes on I am getting more results and feeling better than I have in years. Thank you Jane and thank you Herbalife!

** The weight loss testimonials presented are applicable to the individuals depicted and are not a guarantee of your weight loss nor are they typical.*



For more information or to order products contact:

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