

Lupus

Lupus, Weight Gain, Energy

12 Oct 2006

MICHELLE'S LUPUS STORY.

I would like to share with you all, a testimonial on the value of these wonderful products in regard to our daughter-in-law, Michelle, who has lupus. She was diagnosed at the beginning of 2005 and has struggled so much with the problems that lupus presents. Lupus is a disease of the auto immune system and there is no cure but it can be controlled in many people, sometimes with the use of very powerful drugs. Michelle's loss of weight was of major concern, as well as having virtually no energy, aching joints etc. etc. She had been on medication since the diagnosis and after having a bone density scan in June 2006 it was discovered that her bone density was beginning to thin.

I had been waiting for the opportunity to offer the Herbalife products to her to try. I had mentioned it briefly some time ago but didn't want to push it because Michelle had to feel comfortable taking them. However when she saw her specialist again at the end of June 06 he expressed his concern about her loss of weight and her inability to gain. She had gone down to 46 kgs. He suggested that she have lots of protein. I felt that this was the opportunity to offer the products to her. She said that she would be really happy to try them and in her words she said "I'll give anything a go now". She came to stay with us for a few days and she began taking F1, Protein Powder., F2 (2 x 3 times per day), F3 (1 x 3 times per day), X-cal (1 x 3 times per day), Herbalifeline (1 x 3 times per day).

She was hesitant about taking the three shakes a day because her appetite previously had been so poor and she thought there was no way that she would fit it all in. We were so happy to see her on her first day actually become hungry. She had the three main meals plus snacks in between and she was actually looking for meals. In such a short time her energy levels seemed to improve steadily.

A week later she was visiting another relative and there was no opportunity to have a shake with her breakfast so she just had 2 weet-bix with milk. By mid morning she was feeling shaky, starving and very unwell. She had a couple of biscuits for morning tea but still felt dreadful. By lunch time she was ready to eat anything she could get her hands on. She had an enormous salad sandwich, and a shake. She said that she felt her body immediately give an enormous sigh of relief. She at last got the nutrition she needed.

In a way it was good that she went through those awful few hours because she then became aware of how much nutrition the shakes were providing. In the space of 10 days she no longer fitted into some of her size 8 clothes and put on 2 kgs.

Since that time she has consistently gained weight – not dramatically but quite steadily. She now weighs 51 kgs and has added cms. She has added NRG to her supplement regime (2 in the morning and 2 in the middle of the day) and this has given her so much more energy. She no longer has to have a nap at 5pm which she previously had to do, just to have enough strength to get dinner for the family.

For her own interest, she stopped taking the products for 2 days to see what the effect would be, if any. She couldn't wait to begin again because her energy levels plummeted and she felt very unwell. We are just so thankful that we were led to these wonderful products, and that we are now able to help so many people. She is very happy to share her story.

Marg Hadfield

Lupus Testimonial

PAMELA FINLEY'S LUPUS STORY

Education/testimony/products that can help! Pam is a national spokesperson for Lupus! (USA)! A market research study concluded that over 2 million people are living with it... Ninety percent of them are women. Someone you know personally is trying to cope with this insidious disease. Knowing firsthand what this disease is all about, I am here to serve as a positive role model to others who are dealing with the same disease.

Living with lupus has given me the opportunity to teach others how to recognize the symptoms, handle medical situations and embrace life with courage and compassion.

Lupus is a chronic, autoimmune disease in which the body's immune system, designed to defend the body, instead turns against it and attacks healthy tissues and organs. In a way, the body becomes allergic to itself.

My symptoms were all internal. Inflammation in various parts of my body, especially the skin, joints, blood, and was starting to attack my nervous system. Joint and muscle pain, sores in the mouth, low grade fevers, pleurisy, pericarditis, (lining around the lungs and heart) major fatigue, infections and valves in the heart, and my kidneys would shut down and poison my blood stream to where dialysis would be my only alternative.

After rotating about 14 medications because it would build up a resistance we would have to change again. Being on anti-inflammatory medications and Prednisone, after a while we would wonder if what I was fighting was the Lupus or effects from the medications. I was looking for a mother's helper to raise my 3 boys, teaching my golden retriever to help up & down stairs, as I'd had 3 knee surgeries. So I was really limited in what I was able to do.

Since starting on the Herbalife Ultimate program I have gained energy, lost 15lbs in 2 1/2 weeks, was able to wean myself off 14 different medications, I have not seen the dialysis machine now in almost 2 years! Because of the good results that I have received from being on these products my doctor said he wished he could have seen my body if I was on these just 10 years ago!

Caution: Echinacea tends to throw Lippies into a flare. I personally have to stay away from it. I don't know if what I do will work for everybody or anybody because we are all different, But it just makes sense that if you give the body what it needs on a daily basis it can do what GOD intended for it to do. It has for me!!

Love, Pamela Finley

** The weight loss testimonials presented are applicable to the individuals depicted and are not a guarantee of your weight loss nor are they typical.*



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